# Art in Common Nonprofit

# AND A LITTLE MORE **ABOUT US**

## OUR VALUES

#### CREATIVITY

Creativity fuels and enriches life and the community.

#### CONNECTION

Creating and displaying art together builds and strengthens bonds.

### COMPASSION

Art is a common language anyone can use, enabling us to understand each other better.

#### EQUITY

Art should be available and accessible to all.

## OUR MISSION

Art in Common believes in the healing power of the creative arts. We strive to increase compassion and connection in the community. Engaging in artistic expression has been proven to relieve stress and anxiety, increase self-esteem, and create a sense of belonging. We empower people in the community by providing a nurturing space and tools for self-expression.



### OUR STORY SO FAR...

Art in Common started following a powerful experience. Founder Aimee Jette led art workshops for refugee women from Uganda, Tanzania, and the Democratic Republic of Congo as part of her work for a refugee settlement agency. Through this work, she discovered that though the language was a barrier, art was a form of expression in which everyone could communicate. Many of the women expressed trauma through their art. Compelled by the experience and a deep desire to help, Aimee to pursued her Master's degree in Creative Arts Therapy Counseling and founded Art in Common, a nonprofit dedicated to empowering communities to heal through the power of art. Since its creation, Art in Common has led events focused on creating community and bringing populations together to express themselves through art. From poetry events to creating largescale murals to weekly workshops, Art in Common empowers the community to build connections and heal through the common language of art. Art in Common focuses on communities in need feeling the effects of social issues - whether that's first responders and healthcare workers suffering from the aftermath of COVID, educators, and students experiencing stress or anxiety, members of the LGBTQIA community experiencing discrimination, or other populations affected by powerful societal circumstances.

### www.artincommon.org IG: @artincommon FB: /ArtinCommonNonprofit

#### **GET INVOLVED**

With your help, we can expand our reach and impact on communities in need. Now, more than ever, we need to support our communities as they recover from the emotional impact of COVID and navigate a new normal. Essential connections have been severed, many suffer from grief and loss, and our communities carry a heavy emotional burden due to the pandemic. Reach out to find out how you can directly impact and help support your community.





## GALLERY SHOWS & EVENTS



## 2023 AIC GALLERY SHOWS

January 8, 1-4pm	Aimee Jette, Painting, "Grand Opening" MFA in Visual Art, Interdisciplinary Arts IG: @aimeejetteartist www.aimeejetteartist.com
January 20, 6-9pm	Holli Levy, Encaustic, "An Encaustic Journey" Artist; Director of Education, Art in Common, Inc. IG: @hollimlevy www.hollilevyart.com
April 7, 6-8pm	<b>Kim Dougharty, Collage, "I'm Neurotic"</b> Artist; Art Therapist; Board Member, Art in Common, Inc. MA Creative Arts Therapy Counseling
May 5, 6-8pm	Janelle Chandler, Botanical Illustration MFA in Visual Art, Illustration IG: @jchandlerartistry www.jchandlerartistry.com
May 19, 6-8pm	<b>Western Connecticut State University</b> MFA First Years Show <b>IG:</b> @wcsu_art
<b>June 9, 6-8pm</b>	<b>Dan Baker, Printmaking / Photography</b> MFA in Visual Art, Interdisciplinary Arts <b>IG:</b> @d_baker_
September 1, 6-8pm	<b>Jen Ripa, Painting</b> IG: @thrivologie
September 29, 6-8pm	<b>Lilah Heyman Painting</b> MFA in Visual Art, Painting <b>IG:</b> @lilah.heyman.art
November 3, 6-8pm	<b>Kelsey Gilmore, Painting</b> MFA in Visual Art, Painting <b>IG:</b> @kelseygilmorestudio
December 1, 6-8pm	<b>Marcus Escribano, Painting</b> MFA in Visual Art, Painting IG: @mesco_photo

### SOME OF OUR CLASSES....

### ART JOURNALING +2

In this class, we will continue where we left off in the first art journaling class. If you have taken that course or have some experience with mixed media, this course is for you. I will introduce a new technique, tool, or topic in each class, including color and composition. The idea of Art Journaling is always the same. This is for you. Our main goal is to have fun while learning how far we can go with mixed-media art.

### TURNING LIFE DRAWING INTO PAINTING Instructor: Lilah Heyman

Students in this course will learn about the basic and foundational principles of still-life painting. Students will learn about designing compositions, color theory, shape, perspective, and value relationships through painting still lifes. This course is designed for students who have a background in drawing and are ready to translate their skills into painting.

### ART FOR FUN 101 WORKSHOP Instructor: Eric Chandler

Helping artists at any level find their way back to what made them love art in the first place. Participants will learn new techniques for creating art that can stretch your imagination, and explore new methods to bring you back to the joy that is art.

### **GELLI PRINT WORKSHOP** Instructor: Holli Levy

You can use a Gelli Plate to create Monoprints with acrylic paint and other mark-making materials, including stencils, leaves, stamps, and more. Create beautiful prints and papers on their own, or you can use them in your art journal. No experience necessary!

### BOTANICAL WATERCOLORS Instructor: Janelle Chandler

Come study botanical water colors with Janelle, a student from the United Kingdom Society of Botanical Artists. Unleash your inner artist with Botanicals in Watercolor, my watercolor painting class! Janelle will guide you through the basics of watercolor painting, color mixing, and brushstrokes while enjoying beautiful flowers. Whether you're a beginner or looking to refine your skills, this workshop offers the perfect platform to enhance your creativity and bring your paint

## COMMUNITY CREATIVITY DAYS

1st and 3rd Saturdays 10am - Noon, Art in Common Gallery FREE! Just come hang out and create!



# ART IN COMMON GALLERY 602 RIDGEBURY RD. 2ND FL.

Aimee Jette, Executive Director aimee@artincommon.org IG: aimeejetteartist 203-516-7002

For Educational Programming, please contact: Holli Levy, Director of Education hollilevy@gmail.com IG: hollimlevy

Our Board Members: Mary Hayes Phelps, Board Member, Licensed Realtor Mark Krantz, Chairman of the Board, Producer Kim Pine Dougharty, Board Member, Art Therapist Carmell Clark, Board Member, Transformational Coach, Life Artist Alex Wattles, Treasurer, Pilot, Carbon Based Life Form

### ARTINCOMMON\_ORG